

haessler naturopathic *

Dear New Patient,

Thank you for your interest in Naturopathic Medicine. You have just taken an important step towards optimizing your health. It is essential to remember that you need to be patient with your body. Just as it probably took quite some time for your condition to develop, it may also take several months to notice significant improvements.

Attached, please find a detailed intake form for you to complete which will help me in understanding your health history and goals. I have also included information on the Naturopathic services offered, professional fees, and a consent form for you to sign and return. The information you share on the intake and during all appointments will be kept confidential. I will be the only person to review your files, except following your written authorization. If you would like additional information on the privacy policy of Haessler Naturopathic, please refer to the website (www.haesslernaturopathic.com) or request a written copy.

Any supplements prescribed at your visits can be purchased from Haessler Naturopathic, a pharmacy, a health food store, or a medical supply company **of your choice.**

Please note that payment is due at the end of your visit. For your convenience, we now accept Visa, Debit, cash and cheque. Be sure to check with your extended health care plan to determine if the appointment cost is covered. If you are unable to make a scheduled appointment, please give at least 24 hours notice, so that time can be made available to another patient. Missed appointments without notice will be subject to a \$25 charge.

If at any time you have questions or concerns about your treatment, please feel free to voice them during your visits, or contact me at the office at 519-832-4500. I look forward to working together with you to help you enjoy long lasting improvements in your health.

Yours in health,

Dr. Jennifer Haessler, BScH, ND
Naturopathic Doctor

Office Hours:

Tuesday	Wednesday	Thursday	Friday
10-7	2-6	10-6	10-1

Professional Fees for Naturopathic Services:

The following fee scale is based on the consultation, as well as the time needed to research and design an individualized treatment plan for you.

Visit Type	Length	Includes	Fee (+ GST)
Initial Consult Adult	75-90 min	<ul style="list-style-type: none"> Thorough health history taken Screening physical exam Lab tests, if required (extra cost) 	\$150
Initial Consult Child/ Student/ Senior	75-90 min	<ul style="list-style-type: none"> Same as adult 	\$135
Follow up Visit Adult	45 min.	<ul style="list-style-type: none"> Discuss/ administer individualized treatment plan Assess progress 	\$75 (\$100 if more than 1 year since last visit)
Follow up Visit Child/ Student/ Senior	45 min.	<ul style="list-style-type: none"> Same as adult 	\$65 (\$80 if more than 1 year since last visit)
Bowen only	30 min	<ul style="list-style-type: none"> Must follow an introductory consult 	\$60
Acupuncture only	30 min	<ul style="list-style-type: none"> Must follow an introductory consult 	\$60
Initial Cosmetic Acupuncture Assessment	90 min	<ul style="list-style-type: none"> Health intake, facial acupuncture and facial massage 	\$170
Subsequent Cosmetic Acupuncture Treatment	45 min	<ul style="list-style-type: none"> Facial acupuncture and facial massage 	\$95
Birth Assistant/ Doula Services		<ul style="list-style-type: none"> Fee depends on services required 	Sliding Scale

- **Insurance:** Naturopathic services are **not covered** by OHIP. Most extended health care providers do have some coverage. Please check with your insurance provider to determine the amount that is covered under your policy.
- **Laboratory services** are **not covered** by OHIP and are not included in any of the above fees. Tests, other than those listed below, may be obtainable if deemed necessary. These costs will always be communicated before any tests are completed.

Lab Service	Purpose	Fee (+GST)
Salivary Hormone Testing	<ul style="list-style-type: none"> Measures estrogen, progesterone, DHEA, testosterone and cortisol in saliva 	\$225
Food Allergy Testing	<ul style="list-style-type: none"> Assesses immune activity towards 96 different foods 	\$250
Hair Analysis	<ul style="list-style-type: none"> Analyzes hair for presence of heavy metals and quantity of minerals 	\$70
In-office Testing	<ul style="list-style-type: none"> Testing for calcium levels, adrenal function, vitamin C status, concentration of urine and markers for disease processes, zinc levels, free radical activity and bowel toxicity. 	\$50 for all
In-office Testing Basic	<ul style="list-style-type: none"> Includes all of the above minus testing for free radical activity and bowel toxicity 	\$20
Blood Typing	<ul style="list-style-type: none"> Determines if blood type is A, B, AB or O 	\$10
Vitamin B12 Injection	<ul style="list-style-type: none"> Increase serum B12 levels 	\$15

- **Cancellations:** Please remember to call if you have to cancel or reschedule an appointment. **A minimum of 24 hours notice is required to avoid a \$25 cancellation charge.**